

# Interactive CD-ROM Courseware

- Safety
- Health
- Regulatory Compliance



Maintaining a safe and healthy work environment is more important today than ever before. Yet at the same time, the challenges of conducting safety & health training and regulatory compliance activities are greater than they have ever been. Pulling groups of employees away from their jobs at the same time can be difficult... many employees are "geographically dispersed"... and new employees are coming in the door all the time. Add the increasing requirements to document the "learning" process, and the training equation gets even more complex.

Interactive CD-ROM courses solve these problems! Employees can receive training on demand... any time... and at their own pace. The courses also increase information retention by directly involving employees in the learning process. They can... "See"... "Hear"... and "Touch"... their training material.

## TRAINING COURSES

Using a powerful combination of audio, full-motion video, text and colorful graphics, courses from the Interactive CD-ROM Training Library™ provide the most cost-effective safety and regulatory compliance training available today. With a learning management system (LMS) that installs automatically, and comprehensive user's and trainer's guides, each course is 30 to 45+ minutes long, depending on the topic. Courses are divided into a number of logical sections, each with its own quiz and test, so information is easily understood... and retained. Courses in the library include:

### Regulatory Compliance

- Asbestos Awareness
- Bloodborne Pathogens
  - Commercial/Industrial
  - Healthcare
  - First Responder
- Confined Space Entry
- DOT HAZMAT General Awareness
- DOT HAZMAT Safety Training
- DOT HAZMAT Security Awareness
- DOT HAZMAT In-depth Security Training
- Emergency Planning
- Forklift/Powered Industrial Truck Safety
- Hearing Conservation
- Indoor Air Quality
- The OSHA Laboratory Standard
- The OSHA Lead Standards
- Lock-Out/Tag-Out
- Personal Protective Equipment
- Respiratory Protection
- OSHA Recordkeeping
  - For employees
  - For managers/supervisors
- Right-To-Know/HAZCOM
  - Industrial
  - Auto Service
  - Building/Construction
  - Cleaning/Maintenance
  - Healthcare
  - Hospitality
- Guarding Against Tuberculosis
  - Healthcare
  - First Responder
  - Institutional

### Safety and Health

- Accident Investigation
- The ANSI MSDS
- Back Safety
- Compressed Gas Cylinders
- Computer Workstation Safety
- Crane Safety
- Driving Safety
- Electrical Safety
- Ergonomics
  - Industrial
  - Office
- Eye Safety
- Fall Protection
- Fire Prevention & Safety
  - Industrial
  - Healthcare
  - Office
- First Aid
- Fitness and Wellness
- Hand and Power Tool Safety
- Hand, Wrist & Finger Safety
- Hazardous Materials Labels
- Hazardous Spill Cleanup
- Heat Stress
- Ladder Safety
- Machine Guard Safety
- Materials Handling Safety
- Office Safety
- Rigging Safety
- Safety Attitudes and Actions
- Safety Audits
- Safety Housekeeping and Accident Prevention
- Safety Showers and Eye Washes
- Sexual Harassment
  - For employees
  - For managers/supervisors
- Sexual Harassment Investigations
- Slips, Trips & Falls
- Welding Safety
- Winter Safety
- Workplace Stress
- Workplace Violence

### Laboratory Safety Series

- Orientation to Laboratory Safety
- Compressed Gas Cylinders
- Preventing Contamination
- Electrical Safety in the Laboratory
- Planning for Laboratory Emergencies
- Laboratory Ergonomics
- Flammables and Explosives
- The OSHA Formaldehyde Standard
- Safe Handling of Laboratory Glassware
- Laboratory Hoods
- Material Safety Data Sheets
- Safety Showers and Eye Washes

### HAZWOPER Series

Using the 23 courses in this series, packages can be configured that cover the HAZWOPER training requirements for "Annual Retraining" through "40-Hour Training". Packages are available for:

- Annual Retraining
- Emergency Response: Awareness
- Emergency Response: Operations
- Supplemental Training
- Emergency Response: HAZMAT Technician
- General Training
- 40-Hour Training

Also designed with Training Managers in mind, courses in the Interactive CD-ROM Training Library™ include a learning management system (LMS) at no additional cost. Using this system, trainers can define curricula... establish log-in procedures... even set up "pre" and "post" tests. Employee performance information is collected and organized through a powerful relational database, which can generate a number of reports.

**A number of courses are also available in Spanish. Contact your distributor for information about specific titles.**

## TRAINING COURSES

Call for more information on courses in the laboratory and HAZWOPER series. Information covered in the regulatory and safety/health courses includes, but is not limited to:

### **Accident Investigation**

- Securing an accident scene.
- Root-Cause Analysis.
- Investigative interviews.

### **Asbestos Awareness**

- Hazards of asbestos.
- OSHA's Asbestos Standard.
- Proper protection & PPE.

### **ANSI MSDS**

- Advantages of the ANSI format.
- Questions the MSDS answers.
- Sections in the ANSI MSDS.

### **Safety Attitudes & Actions**

- Developing "safety sense".
- Hazard evaluation & PPE.
- Tool use & maintenance.

### **Back Safety**

- How the back works.
- Types & causes of injuries.
- Proper lifting techniques.

### **Bloodborne Pathogens**

- Contents of the standard.
- Bloodborne diseases.
- Exposure control.

### **Compressed Gas Cylinders**

- Compressed gas hazards.
- Moving, handling and storage.
- Regulators, CGAs & PRDs.

### **Computer Workstation Safety**

- Ergonomic factors.
- Eyestrain.
- The effect of lighting.

### **Confined Space Entry**

- Identifying "Permit Spaces".
- The Entry Permit.
- Emergency rescue.

### **Crane Safety**

- Types of cranes.
- Equipment inspection.
- Rigging and lifting.

### **DOT HAZMAT General Awareness**

- Communicating hazards.
- Recognizing hazardous materials.
- Where hazardous materials are encountered.

### **DOT HAZMAT Safety Training**

- Hazard indicators.
- Emergency procedures.
- Spills and cleanup.

### **DOT HAZMAT Security Awareness**

- DOT security requirements.
- Recognizing security risks.
- Responding to security threats.

### **DOT HAZMAT In-depth Security**

- HAZMAT security plans.
- Facility security objectives.
- Security procedures.

### **Driving Safety**

- Vehicle inspection.
- Mental preparation.
- Adverse weather conditions.

### **Electrical Safety**

- How electricity works.
- Fuses and circuit breakers.
- Outlets, plugs & grounding.

### **Emergency Planning**

- Types of emergencies.
- The Emergency Plan.
- Evacuation drills.

### **Ergonomics**

- Recognizing ergonomic problems.
- Practical solutions.
- Practical preventative measures.

### **Eye Safety**

- How the eyes work.
- Types & causes of eye injuries.
- Care and safety practices.

### **Fall Protection**

- Hazardous situations.
- The Fall Protection Plan.
- Preventative measures.

### **Fire Prevention & Safety**

- Common causes of fires.
- Using fire extinguishers.
- Evacuation.

### **First Aid**

- Sprains and muscle pulls.
- Lacerations and bleeding.
- Broken bones.

### **Fitness & Wellness**

- Importance of "attitude".
- Stress & high blood pressure.
- Nutrition and exercise.

### **Forklift/Powered Industrial Truck Safety**

- Equipment check-out.
- Correct operating procedures.
- Equipment maintenance.

### **Hand, Wrist & Finger Safety**

- The physiology of the hand.
- Identifying hazards.
- Tool use & maintenance.

### **Hand & Power Tool Safety**

- Matching the tool to the job.
- How materials cause accidents.
- Anticipating hazards.

### **Hearing Conservation**

- How the ear works.
- Types of hearing problems.
- Causes of hearing damage.

### **Heat Stress**

- Causes of heat related illnesses.
- Symptoms.
- Prevention and first aid.

### **Hazardous Materials Labels**

- Containers needing labels.
- Information on labels.
- Various labeling systems.

### **Hazardous Spill Cleanup**

- Initial spill response.
- Spill containment.
- Spill cleanup.

### **Indoor Air Quality**

- Symptoms of poor air quality.
- Effects of occupants.
- Proper housekeeping.

### **Ladder Safety**

- Basic rules for ladder use.
- Proper placement.
- Ladder maintenance.

### **Lock-Out/Tag-Out**

- Major compliance requirements.
- General concepts & procedures.
- Locking and tagging electrical, hydraulic & pneumatic systems.

### **Machine Guard Safety**

- Fixed guards.
- Interlock devices.
- Trips and mats.

### **Materials Handling Safety**

- Planning the job.
- Potential hazards.
- Proper lifting techniques.

### **Office Safety**

- Slips, trips and falls.
- Safety housekeeping.
- Proper lifting.

### **OSHA Recordkeeping**

- Importance of recordkeeping.
- Work-related illnesses/injuries.
- Recordable incidents.

### **Personal Protective Equipment**

- Available protective equipment.
- Matching PPE to the hazard.
- Proper use of equipment.

### **Respiratory Protection**

- How the respiratory system works.
- Causes of respiratory problems.
- Respiratory safety equipment.

### **Rigging Safety**

- Equipment inspection.
- Slings and hitches.
- Load angles.

### **Right-To-Know/HAZCOM**

- Chemical hazard concepts.
- Types of hazardous chemicals.
- Spills and cleanup.

### **Safety Audits**

- Workplace analysis.
- Administrative controls.
- Accident investigation.

### **Safety Housekeeping**

- Excess materials & rubbish.
- Electric cords & ropes.
- Tools & supplies.

### **Safety Showers & Eye Washes**

- Types of showers & eye washes.
- Operating procedures.
- Chemical splashes.

### **Sexual Harassment**

- What constitutes harassment?
- Preventing harassment.
- Sexual harassment policies.

### **Sexual Harassment Investigations**

- Recognizing sexual harassment.
- Structuring an investigation.
- Privacy and confidentiality.

### **Supported Scaffolding Safety**

- Platforms, planking and walkways.
- Hazards and falling objects.
- PFAs.

### **Suspended Scaffolding Safety**

- Platforms and planking.
- Maneuvering the platform.
- PFAs.

### **Slips, Trips & Falls**

- Gravity, friction and momentum.
- Causes of slips, trips & falls.
- Avoidance techniques.

### **Tuberculosis**

*3 Industry-specific versions available*

- CDC TB control guidelines.
- TB transmission and symptoms.
- The Exposure Control Plan.

### **Welding Safety**

- Types of hazards.
- Personal protective equipment.
- Fire safety.

### **Winter Safety**

- Walking/driving in ice & snow.
- Holiday safety.
- Fires, fireplaces & chimneys.

### **Workplace Stress**

- Situations causing stress.
- Recognizing symptoms.
- Eliminating stress factors.

### **Workplace Violence**

- Warning signs.
- Threats, verbal & physical assault.
- Sexual harassment.

### **For More Information**

For more information about the Laboratory Safety Series, the HAZWOPER Training Series, or other courses, contact your distributor, or visit [www.marcomltd.com](http://www.marcomltd.com).

### **Online Training**

All of MARCOM's interactive safety and regulatory compliance courses are also available online. To view a demo course, go to [www.marcomltd.com](http://www.marcomltd.com), click on "Products" then on "Online Training".

### **Other Products**

CD-ROM courses on other important topics are currently being developed. Videotapes, DVDs, booklets and posters are also available on these and other safety, health and regulatory compliance topics.

FOR MORE INFORMATION, CONTACT YOUR DISTRIBUTOR

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Products for Today... and  
Tomorrow.**